

**Tobacco Dependence Adviser Training
Course: Inpatient Mental Health**

Trainer's guide

Module 14: Carbon monoxide monitoring as a motivational tool

Carbon monoxide monitoring as a motivational tool

Purpose:

- To understand the role of carbon monoxide testing and how this is used as a motivational tool.

Duration: 25 minutes

Process:

- Presentation
- Carbon monoxide test demonstration
- Group discussion

Resources:

- PowerPoint presentation
- Carbon monoxide monitor, mouthpieces, and wipes

Instruction:

- See notes in presentation slides